Keeping new year resolutions

A few tips to improve your financial profile in 2014

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New Year resolutions are made every year, but they are easily forgotten within the first few months. For instance, you could start the year by promising not to buy yet another insurance scheme for meeting tax needs. But as March-end approaches and in the rush to file returns, you might end up scheme.

This year, try and change all that. First of all, have a look at your list of resolutions in the area of personal finance. Is the list too long? Is it realistic? A few things done right is much better than having a long list of pending things to do. Trim your list. Focus on the things that are going to make a major impact

on the way you want your life to be. Then get down to getting those things done.

If you don't have a written

financial plan for yourself, get one. Either do it yourself of hire a planner to do it for you. This one step will get many other things in place and help you stick to your resolutions for life. Your planner can act as your buddy in keeping you on track at all times. If you are doing a plan yourself, ensure that you involve your family too. This will keep vou focused and accountable. Another option is to have a money buddy — he could be your friend or colleague who is looking at improving his financial life too. Accountability of actions will prompt you to actually act and keep things going. A financial

planner can not only give you a roadmap for financial peace but will also ensure that you are on track. A quarterly/half-yearlv/annual review will ensure that you are up to date with vour finances, which are very easy to lose track of.

Keep it simple, keep it vis**ible:** Create a chart or a pictorial representation of what you wish to achieve. Keep it in front of you, pinned to a softboard, or as your wallpaper on your laptop. It will help you remember what you are working towards

and keep you motivated. One small step at a time: Break down the bigger tasks into smaller tasks and take it one step at a time. Every small success will motivate vou to move on and ultimately achieve

Keep timelines: Keep weekly/fortnightly deadlines for each task and stick to those deadlines. Else things will never get done. Try and use technology to automate things in the area of personal finance. If things get done on auto mode, they are more likely to get done rather than if they are dependent on action from your side all

Investing: If you have decided to start or increase your investments this should help vou. Decide on the amount that you want to save every month. Start one or multiple SIPs (systematic investment plans) for this. Do not keep the period of the SIP less than three years. Take help of your financial planner for deciding how much and where to invest. Once the

EASY WAYS TO SAVE

- Break down the bigger goal into smaller tasks
- Save through systematic investment plans
- Use recurring deposits to save for a large payment
- Gives ECS debit mandates for utility bill payments

SIP is set, the money will automatically move away from your account without you having to do anything at all. At the end of it vou will realise how much vou have saved by this one small

and simple step. Use recurring deposits as a tool to automate your savings towards a large payment to be done anytime during the year.

Most mutual funds have providing option for investing and redemptions. Sign up for one. can use this to move any surplus lying in your

account to funds of your choice.

Insurance: You have been dithering about increasing your life and health insurance. If you have your written financial plan ready, you will know the amount and the scheme that you need to choose. Go ahead. buy the plan and set up an ECS debit mandate from your account for the premium payment. Lo and behold, you are set!

Taxation: You would have

automatically built some tax savings by signing up for your life insurance and health insurance plans. Balance will be usually covered by your PF contribution which again happens through your employer's action. If there is still scope for doing some tax saving investments, built it to be done every

month starting from April. **Saving time:** Many things can be automated to help you save your time. Go ahead and gives ECS debit mandates for your utility bill payments. Most

service providers give a one per ing filters in your email to keep through ECS and other online modes. You can also use bill payment services through your bank's internet banking services. Most banks offer payment to utility service providers through their websites.

Ensure that all your income

account. This should include vour salary, dividend income. rental income and any other income. You can ensure this by having proper account details updated with the income payer. This will save time for you by avoiding trips to the bank. Reminders: Set reminders for keeping suffi-

cient balance in your accounts for payments of all your dues. using online calenders. Calenders can provide email reminders and pop-ups at predetermined times to keep you

use simple options like creat-

cent discount for bill payment vour documents sorted. First of all, opt for email form of communication from your bank. mutual funds, insurers etc. This way you will have soft copies of all documents in your mailbox. which is much easier to sort than physical documents. You can set up filters and tags/labels is directly credited to your bank in such a way that one type of email is bunched together for easy retrieval. For example, an email statement received from vour bank can be nested under one label. The filter will ensure that all such mails automatical ly get nested together. Similarly you can do this for multiple bank statements, credit card statements, email intimation of vour investments in mutual funds, your insurance premium reminders etc.

These simple but effective steps will help you to stick to your resolutions this year.

Documentation: You can The author is Chief Financial Planner, ABT capital Advisors